

CURRICULUM VITAE

MELISSA S. JANKOWSKI, PH.D.

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I. EDUCATION

08/2015 – 05/2022 **University of Maine, Orono, ME**

- Ph.D. in Clinical Psychology, Developmental-Clinical Track (APA accredited)
- 3.953 GPA
- Dissertation Title: *An Experimental Investigation into the Effects of Trait and State Self-Criticism on the Benefits and Barriers to Non-Suicidal Self-Injury* (Defended: 04/08/22)
- National Science Foundation Graduate Research Fellow (NSF GRFP)

08/2006 – 05/2010 **University of Missouri, Columbia, MO**

- Bachelor of Arts, Psychology; minors in Statistics and Music
- Departmental Honors, Honors College Certificate, Magna Cum Laude
- 3.83 GPA
- Phi Beta Kappa

II. LICENSURE

09/2023 – Present **Licensed Psychologist, Maine #PS2538**

III. POSTDOCTORAL TRAINING

08/2022 – 08/2023 **Postdoctoral Fellow in Forensic Psychology**

University of Maine & Maine State Forensic Service
Program Director: Sarah Miller, Ph.D., ABPP

Postdoctoral fellow in program that trains clinicians in the highest standards of forensic mental health assessment and has been approved for the American Board of Forensic Psychology experience waiver. Duties included conducting court ordered forensic evaluations including competence to stand trial, criminal responsibility, risk assessments, and diagnostic evaluations; providing expert testimony; attending weekly specialty to didactics on issues relevant to forensic mental health and landmark case law.

IV. INTERNSHIP CLINICAL EXPERIENCE

08/2021 – 08/2022 **Predoctoral Intern, Clinical Forensic Track**

University of North Carolina School of Medicine & Federal Correctional Complex, Butner (APA-Accredited)
Training Director: Crystal Schiller, Ph.D.
Track Coordinator: Gillespie Wadsworth, Psy.D.

Forensic Evaluation Services Intern (Major Rotation: 08/2021 – 03/2022)

Federal Medical Center, Butner, NC

Conducted and independently wrote pre- and post-trial, court-ordered evaluations within a diverse federal medical setting. Evaluations included competency following restoration period (4241d) and risk of dangerousness following adjudication of NGRI (4243) or non-restorability (4246). For these evaluations, I prepped and offer testimony as appropriate. Additional duties included locked housing rounds and related documentation, attending treatment team meetings, leading competency restoration and illness management and recovery groups, and presenting cases to the in-house risk panel. Participated in mock testimony in addition to weekly forensic seminar series and monthly landmark case conferences.

Supervisor: Brianna Grover, Psy.D.

Neuropsychology Intern (Minor Rotation: 08/2021 – 03/2022)

UNC Physical Medicine & Rehabilitation, Chapel Hill, NC

Performed clinical interviews and provided neuropsychological screenings and comprehensive assessments to adults with a variety of medical and/or psychiatric conditions with associated cognitive impairments. Conducted comprehensive neuropsychological assessments with retired NFL football players as part of the National Football League Players' Association Brain and Body Health Program.

Supervisors: Matthew Harris, Ph.D., ABPP/CN & Karla L. Thompson, Ph.D.

Outpatient Forensic Assessment (Minor Rotation: 01/2022 – 05/2022)

Central Regional Hospital, Butner, NC

Conducted court-ordered, outpatient evaluations of capacity to proceed with adults and juveniles. Duties included assisting in interviewing the defendant for capacity to proceed, reviewing collateral information, administering and interpreting psychological tests, and preparing written reports of findings for the court.

Supervisor: Matthew McNally, Ph.D.

Gender Clinic Psychology Intern (Minor Rotation: 01/2022 – 05/2022)

Gender Equity and Wellness Initiative Clinic (GEWI), Chapel Hill, NC

Facilitated evaluations of gender diverse patients ranging in age from 4-30 as part of a multidisciplinary team of gender-affirming providers, participated in follow up consultation sessions, learned about social and medical transition (puberty blockers, hormone replacement, surgery), and advocated for patients and their families within systems including healthcare, school, and community.

Supervisor: Samantha Pflum, Ph.D.

Correctional Psychology Intern (Major Rotation: 03/2022 – 08/2022)

Federal Correctional Complex, Butner, NC

Conducted individual psychotherapy and crisis intervention and led Illness Management and Recovery (IMR), Emotional Self-Regulation (ESR) and Dialectical Behavior Therapy (DBT) Skills groups with adult, male federal inmates. Conducted intake evaluations, suicide risk assessments, diagnostic case formulations, and assessments of sexual victimization/abusiveness risk. Supervisor: Brian Gray, Ph.D.

Forensic Neuropsychology Intern (Minor Rotation: 05/2022 – 08/2022)
Central Regional Hospital, Butner, NC

Administered integrated neuropsychological and forensic assessment (e.g., restorability of competence, violence risk assessment, malingering) batteries to adults with complex psychiatric and medical histories (SMI, intellectual disability, major neurocognitive disorders due to Alzheimer's, HIV infection, prion disease, and traumatic brain injury) in state-run inpatient psychiatric hospital. Wrote comprehensive assessment reports and communicated findings with attending physicians, psychologists, and unit staff. Supervisor: Eric Elbogen, Ph.D., ABPP (forensic)

Psychiatric Emergency Services Liaison (Minor Rotation: 05/2022 – 08/2022)
UNC Medical Center, Chapel Hill, NC

As part of a multidisciplinary team, I evaluated adults and children presenting to the emergency room to assess level of acute psychiatric distress and determine appropriate mental health needs. Supervisor: Paul Morea, LCSW

V. CLINICAL EXPERIENCE

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|-------------------|---|
| 09/2023 – Present | <p>Forensic Examiner
State Forensic Service
<i>Augusta, ME</i></p> <p>Fulltime forensic examiner for the Maine State Forensic Service. Duties include conducting court-ordered evaluations with both juveniles and adults, providing expert testimony, leading didactics for postdoctoral fellowship, providing consultation to contract examiners, and communicating with stakeholders as necessary.</p> |
| 06/2020 – 06/2021 | <p>Agency & Forensic Graduate Consultant
Psychology Services Center
<i>Orono, ME</i></p> <p>Provided consultation and forensic evaluations for various agencies including the Maine Department of Corrections, Department of Health and Human Services, and Peace Corps. Additionally, provided second opinions and consultation on attorney-referred risk assessments. Responsibilities included psychological assessment and risk assessment with both juveniles and adults (e.g., CPORT, J-SOAP-II, MMPI-2, MMPI-2-RF, STATIC-99R, SVR-20 V2),</p> |

record review, diagnostic and treatment recommendations, and leading feedback sessions. Provided consultation to client attorneys and assist with/observe supervisor testimony on cases that went to court.

Supervisor: April O'Grady, Ph.D.

06/2019 – 03/2020

Inpatient Forensic Psychology Student Intern

Riverview Psychiatric Center State Hospital, Acute Forensic Unit

Augusta, ME

Provided clinical services for 10 hours/week in an inpatient, state psychiatric facility, predominantly on the acute forensic unit. Prepped and led 2-3 groups per week including DBT, ACT, competency restoration, and CBT-based psychosis groups. Carried a load of individual therapy clients and conducted diagnostic, cognitive, intake, and malingering assessments. Participated in didactics and case conferences and had voting privileges on the medical executive committee.

Selected measure list: MMPI-II, MMPI-II-RF; MoCA, RBANS, Rey Complex Figure Test, SIRS-2, TOMM, VIP, WAIS-IV, WASI-II, WIAT-III, WRAT-4.

Supervisors: Elizabeth Houghton, Psy.D., Deborah Rosch-Eifert, Ph.D.

09/2019 – 3/2020

Educational Assessment Graduate Consultant

Regional School Unit 68: Office of Special Education Services Dover-

Foxcroft, ME

Served as back up evaluator for overflow of assessments for school practicum site. Conducted learning disability evaluations with students (ages 6 to 18) referred for special education services as part of initial or triennial review. Administered, scored, and interpreted intellectual (WAIS-IV, WISC-V, WPPSI-IV) and achievement (WIAT-III) assessments. Integrated results and recommendations in reports provided to educational teams determining student eligibility for and/or updates to services.

Supervisor: Mary Elizabeth Cuddy, Ph.D.

08/2018 – 07/2019

Center Mental Health Consultant

Penobscot Job Corps

Bangor, ME

Provided brief, targeted psychological and behavioral health consultations and individual therapy to a diverse population of adolescents and young adults (ages 16 to 24) in a residential vocational training program as part of an integrated health team (physician, nurses, drug and alcohol counselor, educational counselors). Consultations included crisis intervention, brief diagnostic assessments, psychoeducation, intervention with skills-based strategies (e.g., emotion regulation, problem solving, mindfulness, behavioral activation), and management of health-related concerns with motivational interviewing (e.g., medication adherence, smoking cessation). Attended team meetings and communicated relevant recommendations and accommodations to staff. Created and implemented an orientation presentation for new students that included reviewing the cognitive model and introducing

them to basic CBT strategies. Designed and led weekly DBT skills group for students with elevated levels of distress and emotion regulation difficulties.
Supervisors: Emily Haigh, Ph.D., April O'Grady, Ph.D.

- 01/2019 – 07/2019 **Lead-Facilitator of Dialectical Behavior Therapy Skills Group**
Penobscot Job Corps Center
Bangor, ME
Facilitated weekly DBT skills group for adolescents and young adults (ages 16 to 24) in a residential vocational training program with the DBT for Adolescents intervention program. Sessions included group discussions and activities for skills practice to increase understanding and application of adaptive strategies in everyday living.
Supervisors: Darin Knapp, LCSW, April O'Grady, Ph.D.
- 08/2018 – 08/2021 **Subject Pool Risk Graduate Consultant**
University of Maine Psychology Subject Pool
Orono, ME
Designated clinician to follow up with all psychology subject pool research subjects who present with an elevated level of risk (e.g., depression, suicidal thoughts/history, non-suicidal self-injury) through the subject pool prescreening process. Followed up with each student at risk with a personalized email and offered to meet with them in-person at our department clinic.
Supervisor: Emily A.P. Haigh, Ph.D.
- 06/2018 – 06/2019 **Consultant to Treatment Programs for Youth with Problematic Sexual Behavior**
Bangor, ME
As part of role on grant funded treatment needs and progress scale for youth who offended sexually, attended 25 consultation calls in which clinicians at pilot sites presented questions and concerns regarding treatment with youth who offended sexually.
Supervisor: Sue Righthand, Ph.D.
- 07/2017 – 05/2018 **Student Intern Clinician**
Health Psych Maine
Waterville, ME
Provided evidence-based assessment and treatment to adults of low socio-economic status in a rural health-focused private practice. Services provided for a range of emotional and behavioral concerns (emphasis on anxiety and trauma). Evidence-based treatments include cognitive-behavioral therapy (CBT), cognitive processing therapy (CPT), exposure and response prevention (ER/P), dialectical behavior therapy (DBT), and acceptance and commitment therapy (ACT). Additional responsibilities included administrative obligations (i.e., contact notes, intake and termination reports, treatment contracts), and communicating with outside agencies and

third-party professionals. Weekly supervisory meetings included review of video, and live observation.

Supervisors: Stacy Whitcomb-Smith, Ph.D., Jeff Mantranga, Ph.D., ABPP

08/2017-12/2017

FRIENDS Resilience Program Group Facilitator

RSU 63 School District, ME

Certified facilitator of an evidence-based CBT group intervention program in a school setting for kindergarteners, 2nd, 5th, and 7th graders. Developed session plans adapted from the Fun Friends and My Friends Youth program manuals. Facilitated weekly sessions with interactive group activities and managed student behavior and engagement. Provided support and consultation to co-facilitators throughout program development and implementation.

Supervisor: Rebecca Schwartz-Mette, Ph.D.

06/2016 – 06/2021

**Forensic and Risk Evaluation Graduate Consultant
Maine Department of Corrections**

University of Maine, Orono, ME

Conducted forensic evaluations with a wide range of juveniles who have been adjudicated in the juvenile justice system. Responsibilities included psychological assessment and risk assessment with both juveniles and their guardians (e.g., administration of APS, FRAT-Y, J-SOAP-II, MMPI-A, MMPI-A,RF, MACI, SASSI, WISC-V, WIAT-III, WRAT-4), reviewed records, gave diagnostic and treatment recommendations, held feedback sessions with the juvenile, guardians, probation officer, and other treatment providers. Initially completed one-year, full-time practicum in this setting; was then selected to be evaluator named in proposal submitted for renewed contract with DOC and continued to take referrals throughout my graduate training (approximately 30 integrated evaluations completed).

Supervisor: April O'Grady, Ph.D.

06/2016 – 06/2021

**Clinical Psychology Associate
Psychological Services Center**

University of Maine, Orono, ME

Provided assessment and treatment to children, adolescents, and adults in a community outpatient setting. Services provided to culturally diverse clients for a variety of presenting concerns (e.g., anxiety and mood disorders, ADHD, trauma, learning problems). Completed clinical interviews and administered assessments for case conceptualization, diagnosis, and treatment monitoring. Evidence-based treatments emphasized (e.g., CBT, DBT, exposure therapy, child behavior management/parent training, motivational interviewing). Additional responsibilities included administrative obligations (i.e., progress notes, intake and termination reports, treatment contracts), attending and presenting at weekly case conferences, and communicating with outside agencies and providers. Weekly supervisory meetings (individual and

group) included review of audiotapes, video, and live observation.

Supervisors: April O’Grady, Ph.D., Agnieszka Serwik, Ph.D., Beth Cuddy, Ph.D., & Emily Haigh, Ph.D.

- 05/2009 – 05/2010 **Psychiatric Aide**
Missouri Psychiatric Center
Columbia, Missouri
 Worked on child, adult, and admission units during evening shift supervising patients, took vital signs, and communicated with the treatment team to follow treatment plans for the patients.
- 08/2008-12/2008 **Volunteer**
Mid-Missouri Crisis Line and Deafline
Columbia, Missouri
 Took phone calls from a 20-county area; assessed callers for safety and took appropriate action if necessary; used V-Model to talk callers through crisis situations; provided mental health resources; reported child, physical, sexual, and emotional abuse situations to appropriate authorities; used TTY to communicate with deaf callers in need of assistance.
- 05/2007-08/2007 **Psychiatric Aide**
Lakeland Regional Psychiatric Hospital
Springfield, Missouri
 Supervised patients on child and adolescent inpatient units; assisted multidisciplinary team with education, recreational therapy, and occupational therapy programs; supervised all patient behavior at meals, recreational therapy, and on all units.

VI. SUPERVISION EXPERIENCE

- 05/2020 – 09/2021 **Graduate Clinician Peer Supervisor**
COVID-19 Stress Clinic
University of Maine, Orono, ME
 Supervised doctoral students on delivery of a five session, targeted course of therapy to address COVID-19-related distress.
Supervisor: April O’Grady, Ph.D.
- 03/2021 – 05/2021 **Graduate Clinician Peer Supervisor**
Department of Corrections Practicum
University of Maine, Orono, ME
 Provided supervision to younger students who wished to gain experience with forensic and correctional evaluations
Supervisor: April O’Grady, Ph.D.
- 09/2017 – 12/2017 **Graduate Clinician Peer Supervisor**
Psychological Services Center

University of Maine, Orono, ME

Supervised a doctoral student on two individual therapy cases as part of a three-course sequence in supervision. Reviewed sessions via video and provided feedback on case conceptualization and treatment during individual supervision sessions. Encouraged consideration of diversity and ethical concerns in treatment of OCD.

Supervisor: Rebecca Schwartz-Mette, Ph.D.

VII. RESEARCH EXPERIENCE

2019 – 2022

Doctoral Dissertation

An Experimental Investigation into the Effects of Trait and State Self-Criticism on the Benefits and Barriers to Non-Suicidal Self-Injury

University of Maine, Orono, ME

Multimethod, longitudinal study investigating the impact of trait and state levels of self-criticism on the benefits and barriers to self-harm in older adolescents. This investigation uses mood inductions, self-report, and tasks to fill many gaps in the literature as to who is most vulnerable to NSSI and why only some youth continue engaging in these behaviors. Project proposal approved by dissertation committee and data collection is complete. Projected defense date in Spring, 2021.

Advisor: Cynthia Erdley, Ph.D.

2020 – 2021

Lead Graduate Researcher

Impacts of a Brief Telehealth Intervention on COVID-19 Related Distress

University of Maine, Orono, ME

Led the development and implementation of a telehealth intervention for psychological distress related to COVID-19. Wrote IRB, lead data collection, and coordinate with other clinicians on the project.

Supervisor: April O'Grady, Ph.D.

2018-2020

Graduate Research Assistant

The Youth Needs and Progress Scale Development and Implementation Project

Department of Justice (DOJ SMART) Office; subcontract with UMaine

Assist with the development and implementation of scale for assessing, managing, and treating juveniles with illegal sexual behavior.

Supervisor & Co-PI: Sue Righthand, Ph.D.

2017-2022

Graduate Research Assistant

Peer Relations and Adjustment Lab

University of Maine, Orono, Maine

Manage research assistants, run participants, coordinate daily lab activities and data collections, train research assistants to conduct suicide risk assessments.

Studies wrapped up include several multimethod investigations into suicide

and self-injurious behaviors in both adolescent and adult populations.
Currently preparing manuscripts from independently led data collections.
Advisor and Lab Director: Cynthia Erdley, Ph.D.

2015-2017

Graduate Research Assistant
Peer Relations Lab

University of Maine, Orono, Maine

Managed research assistants, ran participants, coordinated daily lab activities and data collections, trained research assistants to conduct suicide risk assessments.

Lab Director: Rebecca Schwartz-Mette, Ph.D.

2014-2015

Research Assistant
Child Development in Context Lab.

University of Texas, Austin, Texas

Setup for and assisted with appointments, entered and analyzed data, coded videos for maternal synchrony. Created a master syntax file of all measures to run all future data collections. Worked on an independent project developing a coding system for the friendship portion of the ADOS.

Investigator: A. Rebecca Neal-Beevers, Ph.D.

2010-2012

R01 Project Coordinator
Alcohol Cognitions Lab

University of Missouri, Columbia, Missouri

Paid project coordinator for all lab activities, specifically for an R01 grant. Hired and trained all lab staff, recruited and ran participants in alcohol administration studies, filed all IRB proposals and paperwork, assisted with yearly grant reporting requirements, managed and analyzed data, coordinated joint research efforts with other labs, designed and coded lab website using HTML, and developed a computer program to calculate alcohol dosage.

Investigator: Denis M. McCarthy, Ph.D.

2010

Research Assistant
Quantitative Psychology Lab

University of Missouri, Columbia, Missouri

Completed an independent project pertaining to free curve slope intercept models to complete statistics minor.

Investigator: Phillip K. Wood, Ph.D.

2009-2010

Research Assistant
Quantitative Decision-Making Lab

University of Missouri, Columbia, Missouri

Researched the development and evaluation of mathematical models of individual and group-decision making, helped set up a recognition study replication, ran participants in experiments.

Investigator: Clinton P. Davis-Stober, Ph.D.

- 2009-2010 **Research Assistant**
Youth Anxiety and Depression Lab.
University of Missouri, Columbia, Missouri
Transcribed and coded videos from an extensive family interaction study, managed research assistants, researched the social-cognitive aspects of youth anxiety and depression.
Investigator: Debora Bell, Ph.D
- 2007-2010 **Research Assistant**
Child & Adolescent Therapy Research Group
University of Missouri, Columbia, Missouri
Entered data for a meta-analysis, prepared and mailed a national survey of youth mental health providers, tracked survey responses, cleaned surveys, entered data, completed literature reviews for papers, completed honors thesis.
Investigator: Kristin M. Hawley, Ph.D.
- 2008 **Funded Research Fellow**
UCLA Semel Institute OCD, Anxiety, and Tic Disorders Lab
University of California, Los Angeles, California
Funded research fellow selected for UCLA SPUR 8-week summer program. Coded therapy videos for therapist adherence, scored self-report measures such as CBCL, MASC, BFAM, and others, entered data for Selective Mutism study, completed multiple literature reviews, ran statistical analyses using SPSS, completed independent research project, and co-authored a publication
Investigator: John Piacentini, Ph.D.
- 2008 **Funded Research Fellow**
UCLA Research in Pediatric Psychopharmacology
University of California, Los Angeles
Administered EKGs to ADHD patients and took vital signs during all check-up appointments.
Investigator: John T. McCracken, M.D.

VIII. PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

- Jankowski, M. S.,** Erdley, C. A., & Schwartz-Mette, R. A. (2021). Social-cognitive risk for suicide and new relationship formation: False perception, self-fulfilling prophecy, or both? *Journal of Suicide and Life-Threatening Behavior*.
- Lewin, A. B., Chang, S. W., McCracken, J. T., **McQueen, M.,** & Piacentini, J. (2010). Comparison of clinical features among youth with tic disorders, obsessive-compulsive disorder (OCD), and both conditions. *Psychiatry Research*, 178, 317–322.

EDITED BOOKS

Schwartz-Mette, R. A., Lawrence, H. R., Nangle, D. W., Erdley, C. A., Andrews, L. A., & **Jankowski, M. S.** (2016). Depression in childhood and adolescence: A guide for practitioners. In S. Gontkovsky (Ed.), *Child clinical psychology: Nuts and bolts collection*. New York, NY: Momentum Press.

BOOK CHAPTERS

Erdley, C. A., & **Jankowski, M. S.** (2020). Assessing Youth. In Nangle, D., Erdley, C., & Schwartz-Mette, R. (Eds.), *Social skills across the lifespan: Theory, assessment, and intervention*. Elsevier.

MANUSCRIPTS UNDER REVIEW

Jankowski, M. S., Legasse, A. J., Quinones, V., & Haigh, E. A. P. *Non-suicidal self-injury: Perceived emotional reactivity in the absence of state and physiological differences*. Manuscript submitted for publication.

MANUSCRIPTS IN PREPARATION

Jankowski, M. S. & Righthand, S. *Risk and protective factor considerations for facilitating adolescent sexual offending desistance: Implications for intervention and research*. (writing stage).

Jankowski, M. S. & Erdley, C. *Implicit and risk-taking attitudes and their temporal relationship to non-suicidal self-injury*. (writing stage).

Jankowski, M.S., Legasse, A. J., & Haigh, E. A. P. *Emotion reactivity in non-suicidal self-injury: A review*. (final literature review stage).

IV. PRESENTATIONS

PAPER AND ORAL PRESENTATIONS

Jankowski, M. S. & Schwartz-Mette, R. A. (November, 2017). *Social cognitive risk for suicide: False perception or self-fulfilling prophecy?* Oral talk presented at the International Summit on Suicide Research, Henderson, NV.

Schwartz-Mette, R. A., Felton, J., **Jankowski, M. S.**, & Lawrence, H. R. (2017, April). *Co-rumination and the initial stages of friendship formation: An experimental intimacy task with older adolescents*. Paper symposium presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

Schwartz-Mette, R. A., **Jankowski, M. S.**, & Rose, A. J. (2016, October). *Depression and excessive reassurance-seeking in adolescent friendships: Correlates and consequences*. In K. Christensen

(Chair), *Lifespan and Methodological Perspectives on Interpersonal Emotion Regulation: Implications for Clinical Science*. Paper symposium presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.

Schwartz-Mette, R. A., Lawrence, H. R., **Jankowski, M. S.**, & Dueweke, A. (2016, July). *Strangers' initial impressions of depressed individuals: Implications for understanding early stages of friendship formation*. In C. Bagwell (Chair), *Associations among relationship problems and internalizing problems in adolescence and early adulthood: The role of friendship*. Paper symposium presented at the International Association for Relationship Research Annual Conference, Toronto, ON.

WORKSHOPS FACILITATED

Righthand, S., **Jankowski, M. S.**, & Hart, T. (2020, October). *Assessing Intervention Needs and Progress in Adolescents and Young Adults: The Youth Needs and Progress Scale*. Workshop co-facilitated at the 39th annual 2020 Research and Treatment of Sexual Abusers virtual conference.

INVITED TALKS

Jankowski, M.S. (2023, March). Adolescent Development & Delinquency. Invited didactic for Forensic Psychiatry Fellowship Seminar, virtual.

Jankowski, M. S. (2019, July). *Adolescent suicide and self-harm. What is it and what can we do?* Invited talk for Job Corps staff training, Bangor, ME.

Jankowski, M. S., & Shankman, J. L. (2017, November). *Healthy families*. Invited talk for RSU 63 School District parent's night, Holden, ME.

Lawrence, H. R., **Jankowski, M. S.**, & Schwartz-Mette, R. A. (2017, March). *Depression in childhood and adolescence*. Invited talk for Penobscot River Educational Partners (PREP) school counselors professional development day, Brewer, ME.

DEPARTMENTAL TRAININGS

Jankowski, M. S. (January, 2020). *Juvenile sex offender assessment protocol (J-SOAP-II): Responsibly assessing risk for recidivism*. Departmental training for Clinical Practice Forum, University of Maine, Orono, ME.

Jankowski, M. S. (March 2018). *Implicit association tests: Science of unconscious bias*. Departmental training for Clinical Research Forum, University of Maine, Orono, ME.

Jankowski, M. S. (February 2017). *Testimony as an expert witness*. Departmental training for Clinical Practice Forum, University of Maine, Orono, ME.

POSTER PRESENTATIONS

- Legasse, A. J., **Jankowski, M. S.**, Baudewyns, D., & Haigh, E. A. P. (November 2021). *Emotion reactivity in non-suicidal self-injury: Trait, state, and physiological differences*. Virtual poster presented at the annual meeting of the Maine Psychological Association.
- Legasse, A. J., **Jankowski, M. S.**, Quinones, V., & Haigh, E. A. P. (October 2021). *Emotion reactivity in non-suicidal self-injury: Trait, state, and physiological differences*. Virtual poster presented at the biennial meeting of the International Summit on Suicide Research.
- Jankowski, M. S.**, & Erdley, C. A. (November, 2020). *Benefits and Barriers to Suicidal Behavior in First-Year College Students: The Role of Stigma*. Poster accepted to the Association for Behavioral and Cognitive Therapies annual conference, Philadelphia, PA.
- Scarpulla, E., **Jankowski, M. S.**, & Erdley, C. A. (November, 2019). *Co-rumination predicts non-suicidal self-injury in late adolescence*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Atlanta, GA and at the UMaine Student Symposium, Bangor, ME.
- Jankowski, M. S.** & Erdley, C. A. (October, 2019). *Implicit and risk-taking attitudes and their temporal relationship to non-suicidal self-injury*. Poster presented at the International Summit on Suicide Research, Miami, FL.
- Jankowski, M. S.** & Erdley, C. A. (2018, November). *Interpersonal and achievement-related stress moderates the risk for suicidality in first-year college students*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Washington, D.C. and at the UMaine Student Symposium, Bangor, ME.
- Jankowski, M. S.** & Erdley, C. A. (2018, September). *Cognitive performance tasks and their connection to self-injurious behaviors*. Poster presented at the European Symposium on Suicide and Suicidal Behaviour, Ghent, Belgium and at the UMaine Student Symposium, Bangor, ME.
- Shankman, J., **Jankowski, M. S.**, & Schwartz-Mette, R. (2018, April). *Interpersonal needs and relationship quality in friendships and romantic relationships*. Poster presented at the 2018 biennial meeting of the Research Society on Adolescence, Minneapolis, MN and at the UMaine Student Symposium, Bangor, ME.
- Jankowski, M. S.** & Schwartz-Mette, R. (2017, April). *Social cognitive risk for suicide: False perception or self-fulfilling prophecy?* Poster presented at the UMaine Student Symposium, Bangor, ME.
- Jankowski, M. S.**, Lawrence, H. R., Haigh, E. A. P., & Schwartz-Mette, R. (2016, October). *Maladaptive mental imagery and risk for self-injury and suicidality*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.

- Lawrence, H. R., **Jankowski, M. S.**, Haigh, E. A. P., & Schwartz-Mette, R. A. (2016, October). *Visual rumination, depression, and suicidal ideation in emerging adulthood*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.
- Jankowski, M.**, & Schwartz-Mette, R. A. (2016, July). *Perceived burdensomeness and thwarted belongingness: Interpersonal implications during interactions with strangers*. Poster presented at the 2016 meeting of the International Association for Relationship Research, Toronto, ON, Canada.
- Jankowski, M.**, Schwartz-Mette, R., & Rose, A. (2016, March). *Excessive reassurance seeking: Implications for symmetrical and asymmetrical friendships*. Poster presented at the 2016 biennial meeting of the Research Society on Adolescence, Baltimore, MD.
- Jankowski, M. S.**, (2016, April). *Perceived burdensomeness, thwarted belongingness, and risk for suicide: Interpersonal implications during interactions with strangers*. Poster presented at the University of Maine Graduate and Undergraduate Student Research Symposium, Bangor, ME.
- Lawrence, H. R., Schwartz-Mette, R. A., & **Jankowski, M. S.** (2016, April). *Males' and females' differential establishment of interpersonal closeness with unknown peers*. Poster presented at the University of Maine Graduate and Undergraduate Student Research Symposium, Bangor, ME.
- Jankowski, M. S.**, Sperle, L., Gamber, B. C., & Neal-Beevers, A. R. (2015, May) *Friends for foes: How friendship may buffer the effects of victimization on depression in adolescents with high functioning Autism*. Poster presented at the 2015 International Meeting for Autism Research, Salt Lake City, UT.
- McQueen, M. S.**, Morris, D. H., Niculete, M. E., Treloar, H. T., & McCarthy, D. M. (2011, June). *Intoxicated impulsivity and risk for drinking and driving*. Poster presented at the 34th annual meeting of the Research Society on Alcoholism, Atlanta, GA. (Abstracted in *Alcoholism: Clinical and Experimental Research*, 35, 4, *sl*, 91A). Also presented at the 11th annual Guze symposium, St. Louis, MO (2011, February).
- McQueen, M. S.**, & Wood, P. K. (2010, April). *Analysis of distinct growth curve trajectories via free curve growth mixture models: Monte Carlo simulations and conceptual implications*. Poster presented at The Life Sciences Research Forum, University of Missouri, Columbia, MO.
- McQueen, M. S.**, & Hawley, K. M. (2009, April). *Are Evidence-Based Treatments ready for school mental health services?* Poster presented at Psychology Day, University of Missouri, Columbia, MO; Life Sciences Research Forum, University of Missouri, Columbia, MO; and the Midwestern Psychological Association Conference, Chicago, IL.
- McQueen, M. S.**, Piacentini, J. C., Chang, S. W., & Lewin, A. B. (2008, August). *Comorbid psychopathology among youth with tic disorders and obsessive-compulsive disorder*. Poster presented at the University of California, Los Angeles Summer Program for Undergraduate Research Poster Symposium, Los Angeles, California.

OTHER RESEARCH AKNOWLEDGEMENTS

Righthand, S., Prentky, R., Worling, J., & Kang, T. *Assessing, Treating, & Managing Juveniles with Illegal Sexual Behavior: The Juvenile Treatment Progress Scale*. The United States Department of Justice (DOJ), Office of Justice Programs Office of Sex Offender Monitoring, Apprehending, Registering, and Tracking. Grant #2016-AW-BX-K004.

X. AWARDS, HONORS, AND GRANTS

RESEARCH AWARDS

- | | |
|-----------|--|
| 2017-2022 | National Science Foundation
<i>National Science Foundation Graduate Research Fellowship (\$138,000)</i>
Selected to receive five-year research fellowship based on demonstrated potential to contribute to strengthening the vitality of the U.S. science and engineering enterprise. |
| 05/2021 | University of Maine, Psychology Department
<i>Letter of Commendation for Excellence in Research</i> |
| 05/2020 | University of Maine, Psychology Department
<i>Letter of Commendation for Excellence in Research</i> |
| 05/2019 | University of Maine, Psychology Department
<i>Letter of Commendation for Excellence in Research</i> |
| 04/2019 | University of Maine Graduate Exposition
<i>First Place for Social Science and Humanities Poster Presentation (\$500)</i> |
| 2017-2018 | University of Maine, Graduate School
<i>Chase Distinguished Research Assistantship (\$25,000)</i>
Awarded for 2016-2017 academic year based on research productivity and academic achievement. Ten doctoral candidates selected from departmental nominees across colleges and disciplines. |
| 05/2017 | University of Maine, Psychology Department
<i>All Around Letter of Commendation for Excellence in Service, Research and Academics, and Clinical Work.</i> |
| 04/2016 | University of Maine Graduate Exposition
<i>President's Impact Award (\$2,000)</i>
Selected by the University of Maine President for research that stands to make a significant impact in Maine. |

- 05/2016 **University of Maine, Psychology Department**
Letter of Commendation for Excellence in Research and Academics
- 05/2008 – 08/2008 **University of California, Los Angeles (\$8,000)**
UCLA Summer Program for Undergraduate Research (SPUR) Fellow
Selected for highly competitive, fully funded 8-week summer program which offers advanced undergraduate students with outstanding academic potential the opportunity to work closely with faculty mentors on independent research projects.

CLINICAL AWARDS

- 05/2017 **University of Maine, Psychology Department**
All Around Letter of Commendation for Excellence in Service, Research and Academics, and Clinical Work.

GRANTS

- 08/2015-05/2021 **University of Maine, Graduate Student Government**
Degree Related Travel Grants (10) totaling \$5,000
- 01/2019 **American Psychology – Law Society**
Early Career Workshop Grant (\$100)
- 04/2018 **The American Foundation for Suicide Prevention**
Student Travel Scholarship (\$100)
- 01/2018 **Maine Academic Prominence Initiative**
Research Grant (\$450)
- 04/2017 **Maine Academic Prominence Initiative**
Clinical Training Travel Grant (\$500)
- 12/2016 **Maine Academic Prominence Initiative**
Clinical Training Travel Grant (\$1,000)
- 06/2010 **Maine Academic Prominence Initiative**
Clinical Training Travel Grant (\$500)
- 05/2016 **International Association for Relationship Research**
Student Travel Scholarship (\$100)

ACADEMIC AND OTHER AWARDS

- 05/2021 **University of Maine, Psychology Department**

Letter of Commendation for Excellence in Service

- 2019 - 2020 **American Psychology – Law Society**
Journal of Law and Human Behavior Mentor Program
 Selected to participate in the *Journal of Law and Human Behavior* Mentor Program, in which I was paired with a mentor and reviewed articles submitted to the journal. Mentor: Thomas Grisso, Ph.D.
- 05/2021 **University of Maine, Psychology Department**
Letter of Commendation for Excellence in Service
- 2006 - 2010 **Missouri Department of Education**
Bright Flight Scholarship for Academic Merit (\$8,000)
- 2006 - 2010 **University of Missouri, Columbia Missouri**
Excellence Award for Academic Achievement (\$8,000)
- 2006 - 2010 **University of Missouri, Columbia Missouri**
Mizzou Music Scholarship for Musicianship
- 2008 **University of Missouri, Columbia Missouri**
Missouri Summer Research Program (\$3,000)
- 2008 **University of Missouri, Columbia Missouri**
SAI Philanthropies National Scholarship (\$2,000)
- 2009 **University of Missouri, Columbia Missouri**
Charles L. Emmons Band Scholarship (\$500)
- 2010 **University of Missouri, Columbia Missouri**
Phi Beta Kappa

XI. TEACHING EXPERIENCE

- 08/2015 – 12/2015 **Teaching Assistant**
Introduction to Psychology
University of Maine, Orono, ME
 Led discussion groups, proctored and graded exams, co-led review sessions, and provided support to the instructor and students.
- 01/2016 – 05/2016 **Teaching Assistant**
Introduction to Psychology
University of Maine, Orono, ME
 Led discussion groups, proctored and graded exams, co-led review sessions, and provided support to the instructor and students.

XII. EDITORIAL EXPERIENCE

Ad Hoc Reviewer *Law and Human Behavior* (2019 - 2020)
Mentor: Thomas Grisso, Ph.D.

XIII. COMMITTEES AND SERVICE

2019 - 2020	<p>Psychology Graduate Student Representative Department of Psychology <i>University of Maine, Orono, ME</i> Served as the student representative for the clinical program. Primary duties included: acting as a resource and providing campus orientation for first year students, coordinating and leading clinical student meetings, attending clinical faculty meetings, and organizing applicant weekend activities, interview schedules and housing. Assisted with APA site visit for reaccreditation and transitioning clinic to telehealth services.</p>
2018 - 2020	<p>APA Self-Study Assistant Department of Psychology <i>University of Maine, Orono</i> Paid assistant to help coordinate APA self-study for reaccreditation efforts. Worked alongside DCT for two years to help create tables and write narrative for self-study. Helped with responses to feedback and planned site visit.</p>
2017 - 2018	<p>Alumni Survey Committee Department of Psychology <i>University of Maine, Orono</i> Coordinated efforts with one other student to create, distribute and summarize multiple program surveys for APA reporting.</p>
2016 - 2021	<p>Diversity Committee Department of Psychology <i>University of Maine, Orono</i> Attended monthly meetings. Organize and recruit speakers for department presentations and annual Stanley Sue Distinguished Diversity Colloquium campus-wide lecture series. Helped write grants to fund speakers.</p>
2016 - 2017	<p>Diversity Committee President Department of Psychology <i>University of Maine, Orono</i> Lead monthly meetings. Organize and recruit speakers for department presentations and annual Stanley Sue Distinguished Diversity Colloquium campus-wide lecture series. Collaborate with program director in diversity-related training. Write grants to ensure future speakers and funding.</p>

- 09/2017 – 01/2021 **NSF GRFP Roundtable Member and Grant Editor**
Department of Psychology
University of Maine, Orono
 Participate in yearly Graduate School event with current NSF GRFP recipients to answer questions and provide advice for students interested in applying for the NSF GRFP award. Edit and offer feedback on proposals.
- 09/2016 – 09/2017 **Director of Clinical Training Assistant**
Department of Psychology
University of Maine, Orono, ME
 Assisted the Director of Clinical Training to meet program and APA requirements. Primary responsibilities included updating program clinical website per APA full disclosure guidelines, updating new faculty and psychological clinic information, and reviewing and editing the Clinical Psychology Graduate Student Handbook.
- 09/2016 – 09/2017 **Subject Pool Coordinator**
Department of Psychology
University of Maine, Orono, ME
 Acted as the primary resource for undergraduate students involved in psychology department research. Duties included speaking to various classes about research involvement, monitoring and editing participant management website (i.e., Sona Systems) and user accounts, answering student, instructor and researcher questions, and determining and generating end-of-term grade reports.
- 09/2015 – 06/2016 **Graduate Program Application Coordinator**
Department of Psychology
University of Maine, Orono, ME
 Managed all applications to clinical and psychological sciences graduate programs. Communicated information between faculty and students, led committee of three other students to process applications.
- 09/2015 – 06/2016 **Assistant to the Chair**
Department of Psychology
University of Maine, Orono, ME
 Coordinated various program activities, such as preparations for graduate applicant weekend. Attended multiple accepted undergraduate student events to act as a resource for incoming students to the University. Staffed the Undergraduate Psychology Resource Room to answer questions about the psychology field, undergraduate study, research, and graduate school.

XIV. PROFESSIONAL AFFILIATIONS

2019 - Present **American Psychology – Law Society**

2020 – Present	Association for the Treatment of Sexual Abusers (ATSA)
2015 – Present	Maine Psychological Association (MePA)
2010 – Present	Phi Beta Kappa <i>Inducted Member</i>
2008 – 2010	Psi Chi <i>Secretary (2008), Vice President (2009)</i>