# CURRICULUM VITAE MELISSA S. JANKOWSKI, PH.D.

### **CONTACT INFORMATION**

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### **EDUCATION**

2022 – 2023 Maine State Forensic Service/University of Maine

• Postdoctoral Fellowship in Forensic Psychology

2021 – 2022 University of North Carolina School of Medicine/Federal Correctional Complex,

Butner, NC

• Predoctoral Internship in Clinical Psychology

Clinical-Forensic Track

2015 – 2022 University of Maine, Orono, ME

• Ph.D. in Clinical Psychology, Dual Developmental-Clinical Track (APA accredited, M.A. earned as part of doctoral program)

• National Science Foundation Graduate Research Fellow (NSF GRFP)

2006 – 2010 University of Missouri, Columbia, MO

Bachelor of Arts, Psychology; minors in Statistics and Music

• Departmental Honors, Honors College Certificate, Magna Cum Laude

• Phi Beta Kappa

## **LICENSURE**

2023 – Present Licensed Psychologist, Maine #PS2538 2024 – Present Licensed Psychologist, Oregon, #3778

#### **CURRENT EMPLOYMENT**

09/2023-Present

## **Juvenile Court Program Coordinator**

Maine State Forensic Service

Fulltime forensic examiner and Juvenile Court Coordinator for the Maine State Forensic Service. Duties include triaging and assigning orders for juvenile evaluations, conducting court-ordered evaluations with both juveniles and adults, providing expert testimony, leading didactics for postdoctoral fellowship, providing consultation to contract examiners, and communicating with stakeholders as necessary.

#### 08/2024 - Present

## **Certified Forensic Evaluator**

Lithia Forensics & Consulting, LLC

Contract forensic evaluations for a group private practice based in Salem, OR. Certified forensic evaluator for the state of Oregon.

#### POSTDOCTORAL TRAINING

08/2022 - 08/2023

## Postdoctoral Fellow in Forensic Psychology

University of Maine & Maine State Forensic Service Program Director: Sarah Miller, Ph.D., ABPP

Postdoctoral fellow in program that trains clinicians in the highest standards of forensic mental health assessment and has been approved for the American Board of Forensic Psychology experience waiver. Duties included conducting court ordered forensic evaluations including competence to stand trial, criminal responsibility, risk assessments, and diagnostic evaluations; providing expert testimony; attending weekly specialty didactics on issues relevant to forensic mental health and landmark case law.

#### **INTERNSHIP**

08/2021 - 08/2022

#### Predoctoral Intern, Clinical Forensic Track

University of North Carolina School of Medicine & Federal Correctional Complex, Butner (APA-Accredited)

Training Director: Crystal Schiller, Ph.D.

Track Coordinator: Gillespie Wadsworth, Psy.D.

# Forensic Evaluation Services Intern (Major Rotation: 08/2021 - 03/2022)

Federal Medical Center, Butner, NC

Conducted and independently wrote pre- and post-trial, court-ordered evaluations within a diverse federal medical setting. Evaluations included competency following restoration period (4241d) and risk of dangerousness following adjudication of NGRI (4243) or non-restorability (4246). For these evaluations, I prepped and offered testimony as appropriate. Additional duties included locked housing rounds and related documentation, attending treatment team meetings, leading competency restoration and illness management and recovery groups, and presenting cases to the in-house risk panel.

## **Neuropsychology Intern (Minor Rotation: 08/2021 – 03/2022)**

UNC Physical Medicine & Rehabilitation, Chapel Hill, NC

Performed clinical interviews and provided neuropsychological screenings and comprehensive assessments to adults with a variety of medical and/or psychiatric conditions with associated cognitive impairments. Conducted comprehensive neuropsychological assessments with retired NFL football players as part of the National Football League Players' Association Brain and Body Health Program.

## **Outpatient Forensic Assessment (Minor Rotation: 01/2022 – 05/2022)**

Central Regional Hospital, Butner, NC

Conducted court-ordered, outpatient evaluations of capacity to proceed with adults and juveniles. Duties included assisting in interviewing the defendant for capacity to proceed, reviewing collateral information, administering and interpreting psychological tests, and preparing written reports of findings for the court.

## **Gender Clinic Psychology Intern (Minor Rotation: 01/2022 – 05/2022)**

Gender Equity and Wellness Initiative Clinic (GEWI), Chapel Hill, NC

Facilitated evaluations of gender diverse patients ranging in age from 4-30 as part of a multidisciplinary team of gender-affirming providers, participated in follow up consultation sessions, learned about social and medical transition (puberty blockers, hormone replacement, surgery), and advocated for patients and their families within systems including healthcare, school, and community.

## Correctional Psychology Intern (Major Rotation: 03/2022 – 08/2022)

Federal Correctional Complex, Butner, NC

Conducted individual psychotherapy and crisis intervention and led Illness Management and Recovery (IMR), Emotional Self-Regulation (ESR) and Dialectical Behavior Therapy (DBT) Skills groups with adult, male federal inmates. Conducted intake evaluations, suicide risk assessments, diagnostic case formulations, and assessments of sexual victimization/abusiveness risk.

# Forensic Neuropsychology Intern (Minor Rotation: 05/2022 – 08/2022)

Central Regional Hospital, Butner, NC

Administered integrated neuropsychological and forensic assessment batteries to adults with complex psychiatric and medical histories (SMI, intellectual disability, major neurocognitive disorders due to Alzheimer's, HIV infection, prion disease, and traumatic brain injury) in state-run inpatient psychiatric hospital. Wrote comprehensive assessment reports and communicated findings with attending physicians, psychologists, and unit staff.

# **Psychiatric Emergency Services Liaison (Minor Rotation: 05/2022 - 08/2022)** *UNC Medical Center, Chapel Hill, NC*

As part of a multidisciplinary team, I evaluated adults and children presenting to the emergency room to assess level of acute psychiatric distress and determine appropriate mental health needs.

#### OTHER CLINICAL EXPERIENCE

06/2020 - 06/2021

## Agency & Forensic Graduate Consultant Psychological Services Center

Orono, ME

Provided consultation and forensic evaluations for various agencies including the Maine Department of Corrections, Department of Health and Human Services, and Peace Corps. Additionally, provided second opinions and consultation on attorney-referred risk assessments. Responsibilities included psychological assessment and risk assessment with both juveniles and adults, record review, diagnostic and treatment recommendations, and leading feedback sessions. Provided consultation to client attorneys and assisted with/observed supervisor testimony on cases that went to court.

#### 06/2019 - 03/2020

## Inpatient Forensic Psychology Student Intern Riverview Psychiatric Center State Hospital, Acute Forensic Unit

Augusta, ME

Provided clinical services for 10 hours/week in an inpatient, state psychiatric facility, predominantly on the acute forensic unit. Prepped and led 2-3 groups per week including DBT, ACT, competency restoration, and CBT-based psychosis groups. Carried a load of individual therapy clients and conducted diagnostic, cognitive, intake, and malingering assessments. Participated in didactics and case conferences and had voting privileges on the medical executive committee.

#### 09/2019 - 3/2020

# **Educational Assessment Graduate Consultant Regional School Unit 68: Office of Special Education Services**

Dover-Foxcroft, ME

Served as back up evaluator for overflow of assessments for school practicum site. Conducted learning disability evaluations with students (ages 6 to 18) referred for special education services as part of initial or triennial review. Administered, scored, and interpreted intellectual and achievement assessments. Integrated results and recommendations in reports provided to educational teams determining student eligibility for and/or updates to services.

#### 08/2018 - 07/2019

## Center Mental Health Consultant Penobscot Job Corps

Bangor, ME

Provided brief, targeted psychological and behavioral health consultations and individual therapy to a diverse population of adolescents and young adults (ages 16 to 24) in a residential vocational training program as part of an integrated health team (physician, nurses, drug and alcohol counselor, educational counselors). Consultations included crisis intervention, brief diagnostic assessments, psychoeducation, intervention with skills-based strategies (e.g., emotion regulation, problem solving, mindfulness, behavioral activation), and management of health-related concerns with motivational interviewing (e.g., medication adherence, smoking cessation). Attended team meetings and communicated relevant recommendations and accommodations to staff. Designed and led weekly DBT skills group for students with elevated levels of distress and emotion regulation difficulties.

#### 06/2018 - 06/2019

# Consultant to Treatment Programs for Youth with Problematic Sexual Behavior Bangor, ME

As part of role on grant funded treatment needs and progress scale for youth who offended sexually, attended 25 consultation calls in which clinicians at pilot sites presented questions and concerns regarding treatment with youth who offended sexually.

#### 07/2017 - 05/2018

## Student Intern Clinician Health Psych Maine

Waterville, ME

Provided evidence-based assessment and treatment to adults of low socio-economic status in a rural health-focused private practice. Services provided for a range of emotional and behavioral concerns (emphasis on anxiety and trauma). Evidence-based treatments included cognitive-behavioral therapy (CBT), cognitive processing therapy (CPT), exposure and response prevention (ER/P), dialectical behavior therapy (DBT), and acceptance and

commitment therapy (ACT). Additional responsibilities included administrative obligations (i.e., contact notes, intake and termination reports, treatment contracts), and communicating with outside agencies and third-party professionals. Weekly supervisory meetings included review of video, and live observation.

08/2017-12/2017

## FRIENDS Resilience Program Group Facilitator

RSU 63 School District, ME

Certified facilitator of an evidence-based CBT group intervention program in a school setting for kindergarteners, 2<sup>nd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> graders. Developed session plans adapted from the Fun Friends and My Friends Youth program manuals. Facilitated weekly sessions with interactive group activities and managed student behavior and engagement. Provided support and consultation to co-facilitators throughout program development and implementation.

06/2016 - 06/2021

# Forensic and Risk Evaluation Graduate Consultant Maine Department of Corrections

University of Maine, Orono, ME

Conducted forensic evaluations with a wide range of juveniles who have been adjudicated in the juvenile justice system. Responsibilities included psychological assessment and risk assessment with both juveniles and their guardians, reviewed records, gave diagnostic and treatment recommendations, held feedback sessions with the juvenile, guardians, probation officer, and other treatment providers. Initially completed one-year, full-time practicum in this setting; was then selected to be evaluator named in proposal submitted for renewed contract with DOC and continued to take referrals throughout my graduate training (approximately 30 integrated evaluations completed).

06/2016 - 06/2021

## Clinical Psychology Associate Psychological Services Center

University of Maine, Orono, ME

Provided assessment and treatment to children, adolescents, and adults in a community outpatient setting. Services provided to culturally diverse clients for a variety of presenting concerns (e.g., anxiety and mood disorders, ADHD, trauma, learning problems). Completed clinical interviews and administered assessments for case conceptualization, diagnosis, and treatment monitoring. Evidence-based treatments emphasized (e.g., CBT, DBT, exposure therapy, child behavior management/parent training, motivational interviewing). Additional responsibilities included administrative obligations (i.e., progress notes, intake and termination reports, treatment contracts), attending and presenting at weekly case conferences, and communicating with outside agencies and providers. Weekly supervisory meetings (individual and group) included review of audiotapes, video, and live observation.

05/2009 - 05/2010

## Psychiatric Aide Missouri Psychiatric Center

Columbia, Missouri

Worked on child, adult, and admission units during evening shift supervising patients, took vital signs, and communicated with the treatment team to follow treatment plans for the patients.

08/2008-12/2008 **Volunteer** 

#### Mid-Missouri Crisis Line and Deafline

Columbia, Missouri

Took phone calls from a 20-county area; assessed callers for safety and took appropriate action if necessary; used V-Model to talk callers through crisis situations; provided mental health resources; reported child, physical, sexual, and emotional abuse situations to appropriate authorities; used TTY to communicate with deaf callers in need of assistance.

05/2007-08/2007

## **Psychiatric Aide**

## Lakeland Regional Psychiatric Hospital

Springfield, Missouri

Supervised patients on child and adolescent inpatient units; assisted multidisciplinary team with education, recreational therapy, and occupational therapy programs; supervised all patient behavior at meals, recreational therapy, and on all units.

## **SUPERVISION EXPERIENCE**

## 09/2023 – Present **Postdoctoral Fellowship Supervisor**

University of Maine/State Forensic Service

Provide supervision to postdoctoral fellows as needed.

## 05/2020 – 09/2021 Graduate Clinician Peer Supervisor

**COVID-19 Stress Clinic** 

University of Maine, Orono, ME

Supervised doctoral students on delivery of a five session, targeted course of therapy to address COVID-19-related distress.

#### 03/2021 - 05/2021

## **Graduate Clinician Peer Supervisor**

**Department of Corrections Practicum** 

*University of Maine, Orono, ME*Provided supervision to younger students who wished to gain experience with

forensic and correctional evaluations

#### 09/2017 - 12/2017

# **Graduate Clinician Peer Supervisor**

**Psychological Services Center** University of Maine, Orono, ME

Supervised a doctoral student on two individual therapy cases as part of a three-course sequence in supervision. Reviewed sessions via video and provided feedback on case conceptualization and treatment during individual supervision sessions. Encouraged consideration of diversity and ethical concerns in treatment of OCD.

### RESEARCH EXPERIENCE

## 2019 – 2022 **Doctoral Dissertation**

An Experimental Investigation into the Effects of Trait and State Self-Criticism on the Benefits and Barriers to Non-Suicidal Self-Injury

University of Maine, Orono, ME

Multimethod, longitudinal study investigating the impact of trait and state levels of self-criticism on the benefits and barriers to self-harm in older adolescents. This investigation used mood inductions, self-report, and tasks to fill many gaps in the

literature as to who is most vulnerable to NSSI and why only some youth continue engaging in these behaviors.

Advisor: Cynthia Erdley, Ph.D.

#### 2018-2020 Graduate Research Assistant

## The Youth Needs and Progress Scale Development and Implementation Project

Department of Justice (DOJ SMART) Office; subcontract with UMaine Assist with the development and implementation of scale for assessing, managing, and treating juveniles with illegal sexual behavior.

Supervisor & Co-PI: Sue Righthand, Ph.D.

#### 2017-2022 Graduate Research Assistant

## Peer Relations and Adjustment Lab

University of Maine, Orono, Maine

Manage research assistants, run participants, coordinate daily lab activities and data collections, train research assistants to conduct suicide risk assessments. Studies wrapped up include several multimethod investigations into suicide and self-injurious behaviors in both adolescent and adult populations. Currently preparing manuscripts from independently led data collections.

Advisor and Lab Director: Cynthia Erdley, Ph.D.

#### 2015-2017 Graduate Research Assistant

#### **Peer Relations Lab**

University of Maine, Orono, Maine

Managed research assistants, ran participants, coordinated daily lab activities and data collections, trained research assistants to conduct suicide risk assessments.

Lab Director: Rebecca Schwartz-Mette, Ph.D.

#### 2014-2015 Research Assistant

## Child Development in Context Lab.

University of Texas, Austin, Texas

Setup for and assisted with appointments, entered and analyzed data, coded videos for maternal synchrony. Created a master syntax file of all measures to run all future data collections. Worked on an independent project developing a coding system for the friendship portion of the ADOS.

Investigator: A. Rebecca Neal-Beevers, Ph.D.

## 2010-2012 **R01 Project Coordinator**

## **Alcohol Cognitions Lab**

University of Missouri, Columbia, Missouri

Paid project coordinator for all lab activities, specifically for an R01 grant. Hired and trained all lab staff, recruited and ran participants in alcohol administration studies, filed all IRB proposals and paperwork, assisted with yearly grant reporting requirements, managed and analyzed data, coordinated joint research efforts with other labs, designed and coded lab website using HTML, and developed a computer program to calculate alcohol dosage.

<u>Investigator</u>: Denis M. McCarthy, Ph.D.

#### 2010 Research Assistant

## **Quantitative Psychology Lab**

University of Missouri, Columbia, Missouri

Completed an independent project pertaining to free curve slope intercept models to complete statistics minor.

<u>Investigator</u>: Phillip K. Wood, Ph.D.

#### 2009-2010 Research Assistant

## **Quantitative Decision-Making Lab**

University of Missouri, Columbia, Missouri

Researched the development and evaluation of mathematical models of individual and group-decision making, helped set up a recognition study replication, ran participants in experiments.

Investigator: Clintin P. Davis-Stober, Ph.D.

### 2009-2010 Research Assistant

## Youth Anxiety and Depression Lab.

University of Missouri, Columbia, Missouri

Transcribed and coded videos from an extensive family interaction study, managed research assistants, researched the social-cognitive aspects of youth anxiety and depression.

Investigator: Debora Bell, Ph.D

#### 2007-2010 Research Assistant

### Child & Adolescent Therapy Research Group

University of Missouri, Columbia, Missouri

Entered data for a meta-analysis, prepared and mailed a national survey of youth mental health providers, tracked survey responses, cleaned surveys, entered data, completed literature reviews for papers, completed honors thesis.

Investigator: Kristin M. Hawley, Ph.D.

#### 2008 Funded Research Fellow

## UCLA Semel Institute OCD, Anxiety, and Tic Disorders Lab

University of California, Los Angeles, California

Funded research fellow selected for UCLA SPUR 8-week summer program. Coded therapy videos for therapist adherence, scored self-report measures such as CBCL, MASC, BFAM, and others, entered data for Selective Mutism study, completed multiple literature reviews, ran statistical analyses using SPSS, completed independent research project, and co-authored a publication

Investigator: John Piacentini, Ph.D.

## 2008 Funded Research Fellow

## **UCLA Research in Pediatric Psychopharmacology**

University of California, Los Angeles

Administered EKGs to ADHD patients and took vital signs during all check-up appointments.

Investigator: John T. McCracken, M.D.

### PEER-REVIEWED JOURNAL ARTICLES

- **Jankowski, M. S.**, Legasse, A. J., Marques, V., Delcourt, M. L., & Haigh, E. A. P. (2024). Emotion reactivity in non-suicidal self-injury: Trait, state, and physiological differences. *Frontiers in Psychology*. DOI: 10.3389/fpsyg.2024.1309187.
- **Jankowski, M. S.**, Erdley, C. A., & Schwartz-Mette, R. A. (2021). Social-cognitive risk for suicide and new relationship formation: False perception, self-fulfilling prophecy, or both? *Journal of Suicide and Life-Threatening Behavior*.
- Lewin, A. B., Chang, S. W., McCracken, J. T., McQueen, M., & Piacentini, J. (2010). Comparison of clinical features among youth with tic disorders, obsessive-compulsive disorder (OCD), and both conditions. *Psychiatry Research*, 178, 317–322.

### **EDITED BOOKS**

Schwartz-Mette, R. A., Lawrence, H. R., Nangle, D. W., Erdley, C. A., Andrews, L. A., & **Jankowski, M. S.** (2016). Depression in childhood and adolescence: A guide for practitioners. In S. Gontkovsky (Ed.), *Child clinical psychology: Nuts and bolts collection.* New York, NY: Momentum Press.

### **BOOK CHAPTERS**

Erdley, C. A., & **Jankowski**, **M. S.** (2020). Assessing Youth. In Nangle, D., Erdley, C., & Schwartz-Mette, R. (Eds.), *Social skills across the lifespan: Theory, assessment, and intervention*. Elsevier.

#### MANUSCRIPTS IN PREPARATION

- **Jankowski, M. S.** & Righthand, S. Risk and protective factor considerations for facilitating adolescent sexual offending desistance: Implications for intervention and research. (writing stage).
- **Jankowski, M. S.** & Erdley, C. *Implicit and risk-taking attitudes and their temporal relationship to non-suicidal self-injury.* (writing stage).

## **PRESENTATIONS**

## PAPER AND ORAL PRESENTATIONS

- **Jankowski, M. S.** & Schwartz-Mette, R. A. (November, 2017). *Social cognitive risk for suicide: False perception or self-fulfilling prophecy?* Oral talk presented at the International Summit on Suicide Research, Henderson, NV.
- Schwartz-Mette, R. A., Felton, J., **Jankowski, M. S.,** & Lawrence, H. R. (2017, April). *Co-rumination and the initial stages of friendship formation: An experimental intimacy task with older adolescents.* Paper symposium presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.
- Schwartz-Mette, R. A., **Jankowski, M. S.**, & Rose, A. J. (2016, October). Depression and excessive reassurance-seeking in adolescent friendships: Correlates and consequences. In K. Christensen (Chair), Lifespan and Methodological Perspectives on Interpersonal Emotion Regulation: Implications for Clinical Science.

- Paper symposium presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.
- Schwartz-Mette, R. A., Lawrence, H. R., **Jankowski, M S.**, & Dueweke, A. (2016, July). Strangers' initial impressions of depressed individuals: Implications for understanding early stages of friendship formation. In C. Bagwell (Chair), Associations among relationship problems and internalizing problems in adolescence and early adulthood: The role of friendship. Paper symposium presented at the International Association for Relationship Research Annual Conference, Toronto, ON.

#### WORKSHOPS FACILITATED

- **Jankowski, M.** (2025, April). *Psychosis in Youth: Considerations for Forensic Assessment.* Workshop facilitated for the State Forensic Service Forensic Practice Forum.
- Righthand, S., **Jankowski, M. S.**, & Hart, T. (2020, October). *Assessing Intervention Needs and Progress in Adolescents and Young Adults: The Youth Needs and Progress Scale*. Workshop co-facilitated at the 39<sup>th</sup> annual 2020 Research and Treatment of Sexual Abusers virtual conference.

#### INVITED TALKS

- Wisch, A. and **Jankowski**, **M.** (2025, June). *If the Diagnosis Fits, Must You Acquit?* Invited presentation for the Maine Association of Criminal Defense Lawyers (MACDL) Annual Conference, Freeport, ME.
- **Jankowski, M.S.** (2023, March). *Adolescent Development & Delinquency*. Invited didactic for Forensic Psychiatry Fellowship Seminar, virtual.
- **Jankowski, M. S.** (2019, July). *Adolescent suicide and self-harm. What is it and what can we do?* Invited talk for Job Corps staff training, Bangor, ME.
- **Jankowski, M. S.**, & Shankman, J. L. (2017, November). *Healthy families*. Invited talk for RSU 63 School District parent's night, Holden, ME.
- Lawrence, H. R., **Jankowski, M. S.**, & Schwartz-Mette, R. A. (2017, March). *Depression in childhood and adolescence*. Invited talk for Penobscot River Educational Partners (PREP) school counselors professional development day, Brewer, ME.

## **DEPARTMENTAL TRAININGS**

- Jankowski, M. S. (January, 2020). Juvenile sex offender assessment protocol (J-SOAP-II): Responsibly assessing risk for recidivism. Departmental training for Clinical Practice Forum, University of Maine, Orono, ME.
- **Jankowski, M. S.** (March 2018). *Implicit association tests: Science of unconscious bias.* Departmental training for Clinical Research Forum, University of Maine, Orono, ME.
- **Jankowski, M. S.** (February 2017). *Testimony as an expert witness*. Departmental training for Clinical Practice Forum, University of Maine, Orono, ME.

#### POSTER PRESENTATIONS

- Legasse, A. J., **Jankowski**, **M. S.**, Baudewyns, D., & Haigh, E. A. P. (November 2021). *Emotion reactivity in non-suicidal self-injury: Trait, state, and physiological differences*. Virtual poster presented at the annual meeting of the Maine Psychological Association.
- Legasse, A. J., **Jankowski, M. S.**, Quinones, V., & Haigh, E. A. P. (October 2021). *Emotion reactivity in non-suicidal self-injury: Trait, state, and physiological differences.* Virtual poster presented at the biennial meeting of the International Summit on Suicide Research.
- **Jankowski, M. S.,** & Erdley, C. A. (November, 2020). *Benefits and Barriers to Suicidal Behavior in First-Year College Students: The Role of Stigma*. Poster accepted to the Association for Behavioral and Cognitive Therapies annual conference, Philadelphia, PA.
- Scarpulla, E., **Jankowski, M. S.**, & Erdley, C. A. (November, 2019). *Co-rumination predicts non-suicidal self-injury in late adolescence*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Atlanta, GA and at the UMaine Student Symposium, Bangor, ME.
- **Jankowski, M. S.** & Erdley, C. A. (October, 2019). *Implicit and risk-taking attitudes and their temporal relationship to non-suicidal self-injury*. Poster presented at the International Summit on Suicide Research, Miami, FL.
- **Jankowski, M. S.** & Erdley, C. A. (2018, November). *Interpersonal and achievement-related stress moderates* the risk for suicidality in first-year college students. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Washington, D.C. and at the UMaine Student Symposium, Bangor, ME.
- **Jankowski, M. S.** & Erdley, C. A. (2018, September). *Cognitive performance tasks and their connection to self-injurious behaviors*. Poster presented at the European Symposium on Suicide and Suicidal Behaviour, Ghent, Belgium and at the UMaine Student Symposium, Bangor, ME.
- Shankman, J., **Jankowski, M. S.**, & Schwartz-Mette, R. (2018, April). *Interpersonal needs and relationship quality in friendships and romantic relationships*. Poster presented at the 2018 biennial meeting of the Research Society on Adolescence, Minneapolis, MN and at the UMaine Student Symposium, Bangor, ME.
- **Jankowski, M. S.** & Schwartz-Mette, R. (2017, April). *Social cognitive risk for suicide: False perception or self-fulfilling prophecy?* Poster presented at the UMaine Student Symposium, Bangor, ME.
- **Jankowski, M. S.**, Lawrence, H. R., Haigh, E. A. P., & Schwartz-Mette, R. (2016, October). *Maladaptive mental imagery and risk for self-injury and suicidality*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.
- Lawrence, H. R., **Jankowski, M**. S., Haigh, E. A. P., & Schwartz-Mette, R. A. (2016, October). *Visual rumination, depression, and suicidal ideation in emerging adulthood.* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, New York, NY.
- **Jankowski, M.**, & Schwartz-Mette, R. A. (2016, July). *Perceived burdensomeness and thwarted belongingness: Interpersonal implications during interactions with strangers*. Poster presented at the 2016 meeting of the International Association for Relationship Research, Toronto, ON, Canada.

- **Jankowski, M.**, Schwartz-Mette, R., & Rose, A. (2016, March). *Excessive reassurance seeking: Implications for symmetrical and asymmetrical friendships*. Poster presented at the 2016 biennial meeting of the Research Society on Adolescence, Baltimore, MD.
- **Jankowski, M. S.**, (2016, April). Perceived burdensomeness, thwarted belongingness, and risk for suicide: Interpersonal implications during interactions with strangers. Poster presented at the University of Maine Graduate and Undergraduate Student Research Symposium, Bangor, ME.
- Lawrence, H. R., Schwartz-Mette, R. A., & Jankowski, M. S. (2016, April). *Males' and females' differential establishment of interpersonal closeness with unknown peers*. Poster presented at the University of Maine Graduate and Undergraduate Student Research Symposium, Bangor, ME.
- Jankowski, M. S., Sperle, L., Gamber, B. C., & Neal-Beevers, A. R. (2015, May) Friends for foes: How friendship may buffer the effects of victimization on depression in adolescents with high functioning Autism. Poster presented at the 2015 International Meeting for Autism Research, Salt Lake City, UT.
- **McQueen, M. S.**, Morris, D. H., Niculete, M. E., Treloar, H. T., & McCarthy, D. M. (2011, June). *Intoxicated impulsivity and risk for drinking and driving*. Poster presented at the 34<sup>th</sup> annual meeting of the Research Society on Alcoholism, Atlanta, GA. (Abstracted in *Alcoholism: Clinical and Experimental Research*, 35, 4, sl, 91A). Also presented at the 11<sup>th</sup> annual Guze symposium, St. Louis, MO (2011, February).
- McQueen, M. S., & Wood, P. K. (2010, April). Analysis of distinct growth curve trajectories via free curve growth mixture models: Monte Carlo simulations and conceptual implications. Poster presented at The Life Sciences Research Forum, University of Missouri, Columbia, MO.
- McQueen, M. S., & Hawley, K. M. (2009, April). Are Evidence-Based Treatments ready for school mental health services? Poster presented at Psychology Day, University of Missouri, Columbia, MO; Life Sciences Research Forum, University of Missouri, Columbia, MO; and the Midwestern Psychological Association Conference, Chicago, IL.
- McQueen, M. S., Piacentini, J. C., Chang, S. W., & Lewin, A. B. (2008, August). Comorbid psychopathology among youth with tic disorders and obsessive-compulsive disorder. Poster presented at the University of California, Los Angeles Summer Program for Undergraduate Research Poster Symposium, Los Angeles, California.

#### OTHER RESEARCH AKNOWLEDGEMENTS

Righthand, S., Prentky, R., Worling, J., & Kang, T. Assessing, Treating, & Managing Juveniles with Illegal Sexual Behavior: The Juvenile Treatment Progress Scale. The United States Department of Justice (DOJ), Office of Justice Programs Office of Sex Offender Monitoring, Apprehending, Registering, and Tracking. Grant #2016-AW-BX-K004.

### **AWARDS, HONORS, AND GRANTS**

#### RESEARCH AWARDS

2017-2022 National Science Foundation

National Science Foundation Graduate Research Fellowship (\$138,000) Selected to receive five-year research fellowship based on demonstrated potential to contribute to strengthening the vitality of the U.S. science and engineering enterprise.

05/2021 University of Maine, Psychology Department

Letter of Commendation for Excellence in Research

05/2020 University of Maine, Psychology Department

Letter of Commendation for Excellence in Research

05/2019 University of Maine, Psychology Department

Letter of Commendation for Excellence in Research

04/2019 University of Maine Graduate Exposition

First Place for Social Science and Humanities Poster Presentation (\$500)

2017-2018 University of Maine, Graduate School

Chase Distinguished Research Assistantship (\$25,000)

Awarded for 2016-2017 academic year based on research productivity and

academic achievement.

05/2017 University of Maine, Psychology Department

All Around Letter of Commendation for Excellence in Service, Research and

Academics, and Clinical Work.

04/2016 University of Maine Graduate Exposition

President's Impact Award (\$2,000)

Selected by the University of Maine President for research that stands to make a

significant impact in Maine.

05/2016 University of Maine, Psychology Department

Letter of Commendation for Excellence in Research and Academics

05/2008 – 08/2008 University of California, Los Angeles (\$8,000)

UCLA Summer Program for Undergraduate Research (SPUR) Fellow

Selected for highly competitive, fully funded 8-week summer program which offers advanced undergraduate students with outstanding academic potential the opportunity

to work closely with faculty mentors on independent research projects.

#### **CLINICAL AWARDS**

05/2017 University of Maine, Psychology Department

All Around Letter of Commendation for Excellence in Service, Research and

Academics, and Clinical Work.

#### OTHER SELECTED AWARDS

05/2021 University of Maine, Psychology Department

Letter of Commendation for Excellence in Service

2019 - 2020 American Psychology – Law Society

Journal of Law and Human Behavior Mentor Program

Selected to participate in the *Journal of Law and Human Behavior* Mentor Program, in which I was paired with a mentor and reviewed articles submitted to the journal.

Mentor: Thomas Grisso, Ph.D.

05/2021 University of Maine, Psychology Department

Letter of Commendation for Excellence in Service

2006 - 2010 Missouri Department of Education

Bright Flight Scholarship for Academic Merit (\$8,000)

2006 - 2010 University of Missouri, Columbia Missouri

Excellence Award for Academic Achievement (\$8,000)

#### TEACHING EXPERIENCE

08/2024 – Present Fellowship Training Coordinator

**UMaine/SFS Postdoctoral Fellowship in Forensic Psychology** 

Augusta, ME

Coordinate didactic series for postdoctoral fellows, present didactics as needed, and

provide clinical supervision.

**Teaching Assistant** 

08/2015 - 12/2015 Introduction to Psychology

University of Maine, Orono, ME

Led discussion groups, proctored and graded exams, co-led review sessions, and provided support to the instructor and students.

01/2016 - 05/2016 **Teaching Assistant** 

**Introduction to Psychology** 

University of Maine, Orono, ME

Led discussion groups, proctored and graded exams, co-led review sessions, and provided support to the instructor and students.

#### EDITORIAL EXPERIENCE

**Ad Hoc Reviewer** *Law and Human Behavior* (2019 - 2020)

Mentor: Thomas Grisso, Ph.D.

## **COMMITTEES AND SERVICE**

2025 – Present **Juvenile Justice Advisory Group (JJAG)** 

Maine

Governor-appointed member of multidisciplinary group that seeks to advise and make recommendations to state policy makers and to promote effective system level responses that further the goals of the Juvenile Justice and Delinquency Prevention

Act.

2023 – Present Maine Threat Assessment Group (MTAG)

**Federal Bureau of Investigation** 

Portland, ME

Part of an interdisciplinary team that helped create a threat assessment workgroup for

the Maine FBI. I participate in the juvenile consult team.

#### 2019 - 2020

## **Psychology Graduate Student Representative**

## **Department of Psychology**

University of Maine, Orono, ME

Served as the student representative for the clinical program. Primary duties included: acting as a resource and providing campus orientation for first year students, coordinating and leading clinical student meetings, attending clinical faculty meetings, and organizing applicant weekend activities, interview schedules and housing. Assisted with APA site visit for reaccreditation and transitioning clinic to telehealth services.

#### 2018 - 2020

## **APA Self-Study Assistant**

**Department of Psychology** *University of Maine, Orono* 

Paid assistant to help coordinate APA self-study for reaccreditation efforts. Worked alongside DCT for two years to help create tables and write narrative for self-study. Helped with responses to feedback and planned site visit.

#### 2017 - 2018

# Alumni Survey Committee

## Department of Psychology

University of Maine, Orono

Coordinated efforts with one other student to create, distribute and summarize multiple program surveys for APA reporting.

### 2016 - 2021

## **Diversity Committee**

## **Department of Psychology**

University of Maine, Orono

Attended monthly meetings. Organize and recruit speakers for department presentations and annual Stanley Sue Distinguished Diversity Colloquium campuswide lecture series. Helped write grants to fund speakers.

## 2016 - 2017

# **Diversity Committee President**

## **Department of Psychology**

University of Maine, Orono

Led monthly meetings. Organize and recruit speakers for department presentations and annual Stanley Sue Distinguished Diversity Colloquium campus-wide lecture series. Collaborated with program director in diversity-related training. Wrote grants to ensure future speakers and funding.

## 09/2017 - 01/2021

## NSF GRFP Roundtable Member and Grant Editor

## **Department of Psychology**

University of Maine, Orono

Participate in yearly Graduate School event with current NSF GRFP recipients to answer questions and provide advice for students interested in applying for the NSF GRFP award. Edit and offer feedback on proposals.

#### 09/2016 - 09/2017

## Director of Clinical Training Assistant Department of Psychology

University of Maine, Orono, ME

Assisted the Director of Clinical Training to meet program and APA requirements. Primary responsibilities included updating program clinical website per APA full disclosure guidelines, updating new faculty and

psychological clinic information, and reviewing and editing the Clinical Psychology Graduate Student Handbook.

# $09/2016-09/2017 \qquad \qquad \textbf{Subject Pool Coordinator}$

## **Department of Psychology**

University of Maine, Orono, ME

Acted as the primary resource for undergraduate students involved in psychology department research. Duties included speaking to various classes about research involvement, monitoring and editing participant management website (i.e., Sona Systems) and user accounts, answering student, instructor and researcher questions, and determining and generating end-of-term grade reports.

## 09/2015 – 06/2016 Graduate Program Application Coordinator

## **Department of Psychology**

University of Maine, Orono, ME

Managed all applications to clinical and psychological sciences graduate programs. Communicated information between faculty and students, led committee of three other students to process applications.

## 09/2015 - 06/2016

## Assistant to the Chair Department of Psychology

University of Maine, Orono, ME

Coordinated various program activities, such as preparations for graduate applicant weekend. Attended multiple accepted undergraduate student events to act as a resource for incoming students to the University. Staffed the Undergraduate Psychology Resource Room to answer questions about the psychology field, undergraduate study, research, and graduate school.

## PROFESSIONAL AFFILIATIONS

2019 - Present	American Psychology – Law Society
2015 – Present	Maine Psychological Association (MePA)
2010 - Present	Phi Beta Kappa, Inducted Member